

Newfoundland Resettlement Assistance Program (RAP) Rates

January 26, 2026

Composition	Basic Needs Allowance	Shelter Allowance	Communication Allowance (per Application)
Single adult	\$561	\$522	\$79.07
Single adult with one or more children	\$729	\$522	\$79.07
Couple	\$794	\$522	\$79.07
Couple with one or more children	\$779	\$522	\$79.07
Senior Supplement: \$105/month per senior.			
Housing Supplement: Up to a maximum of \$500/month* may be issued when actual housing costs exceed the Shelter Allowance. *The Housing Supplement is to be calculated by subtracting the Shelter Allowance and 43% of the Canada Child Benefit (CCB) (where applicable) from actual housing costs.			

Transportation Rates	
St. John's	http://www.metrobus.com/fare.s.asp
<p>Transportation allowance is provided to each adult, including seniors, as per the rate of public transit for adults and seniors in their community, or a minimum of \$83.71/month, whichever is greater. For rates, consult the links above.</p> <p>Note: In communities where there is no public transit, a flat transportation rate of \$83.71/month is issued.</p>	

Special Allowances		
Allowance	Frequency	Rate
Maternity Food	Monthly	\$87.77
Maternity Clothing	One-time	\$204.89
Newborn Allowance	One-Time	\$790.72
Dietary Allowance	Monthly	\$87.77
Funeral/Burial Allowance		Costs are reviewed case by case based on provincial rates.

Blended Visa Office-Referral (BVOR) Program
<p>Refugees sponsored through the BVOR program are eligible for the following income support benefits from IRCC for six months:</p> <ul style="list-style-type: none"> • Basic Needs Allowance • Shelter Allowance and Housing Supplement • Communication Allowance • Transportation Allowance • Maternity Food Allowance (if applicable) • Special Dietary Allowance (if applicable) <p>The costs for the remaining six months, including Start-Up Costs and additional special expenses as required, are provided by the sponsoring group.</p>